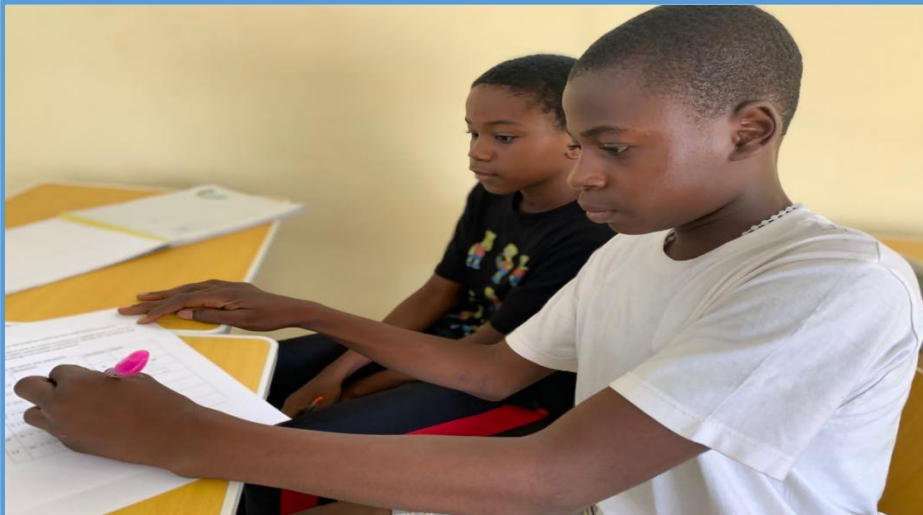


DEAR CBA PARENTS/GUARDIANS



Dear CBA Parents,

This month your child is studying the character word: **PATIENCE**
It is difficult to categorize at what age children will learn patience. In order to learn patience, one must learn how to deal with disappointment. If people give in to every demand of a child, then that child will never learn how to wait for what they want. This can be difficult cycle to break, but it is possible if you understand this fact; as well as some ways to better teach patience.

Definition: The ability to endure waiting or delay without becoming annoyed or upset, to persevere calmly when faced with difficulties; the ability to tolerate being hurt, provoked, or annoyed without complaint or loss of temper.

Synonyms: uncomplaining, long-suffering, forbearing, resigned, passive, calm

Famous quote on Patience:

“Learn the art of patient. Apply discipline to your thoughts when they become anxious over the outcome of a goal, impatience breed anxiety, fear, discouragement and failure. Patience creates confidence, decisiveness, and a rational outlook, which eventually leads to success.”

- **Brian Adams** (Canadian Music Legend)

Remember, some children will demonstrate great patience at an early age. This is the nature of the individual child and does not mean that every other child will be the exact same without some direction. Do not compare the patience of one child to that of the others, because it may frustrate the children that are naturally impulsive. Be patient with your child as you teach them this characteristic, and you will see progress.

NOVEMBER UPDATES

Remembrance Day: 11th
November, 2022

Career Day: 15th
November, 2022

Canadian Week: 21st –
25th November, 2022

Thematic Assembly; 30th
November, 2022

THEMES FOR THE TERM

TEAMWORK

CHARISMA

PATIENCE

DISCIPLINE

DETERMINA-

RESPECT

TRUSTWORTHY

GOAL-SETTING

INTEGRITY

SELF-CONFIDENCE

**BUILDING BRIGHTER
FUTURES**

Here are some guidelines regarding children and patience based on age:

* **With children ages 3 and 4;** they are very impulsive, and will want to be first during every activity. It is your role to help them understand the importance of waiting their turn.

* **With children ages 5 and 6;** they are impulsive, and blurt out an answer to a question without raising their hand, and waiting for the teacher to call on them. It is your role to teach them how to wait for proper directions.

* **With children ages 7 to 9;** they are at the age where you must teach them patience during difficult times, such as dealing with bullies.

* **With children ages 10 and up;** now is a great time to teach them how to have patience as it relates to perseverance and endurance required to accomplish large goals.

ACTIVITIES FOR THE MONTH OF November

Remembrance Day: **11th November**

Career Day: **15th November**

Canadian Week: **21st – 25th November**

Thematic Assembly: **30th November**

Club Activities

Mondays: Performing Art Club
Steam Club

Tuesdays & Thursdays: Martial Art Club

Wednesdays: Basketball Club
Board Game Club *Monday-*

Thursdays: Homework Club

The School's Admin @ +234 818-816-1307 (Cell / Whatsapp)

CBA CLUBS

Performing Art Club
STEAM Club
Basketball Club
Marital Art Club
Board Game Club

THEMES FOR THE TERM

TEAMWORK

CHARISMA

PATIENCE

TRUSTWORTHY

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TION

INTEGRITY

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